

SERVICES PROVIDED BY CATHOLIC CHARITIES OF O.C.

Citizenship & Deferred Action

Initial consultation is free of charge.
1800 East 17th Street, Santa Ana, CA 92705
To schedule an appointment call 714-347-9610 or
email: ccocimmigration@ccoc.org • ccoc.org

Cantlay Center for Food Distribution

The Center is open three days a week, Tuesday,
Wednesday and Thursday.
3631 West Warner Ave., Santa Ana, CA 92704
Michael Tijerino, 714-347-9694
• mtijerino@ccoc.org • ccoc.org

CalFresh (Food Stamps) Program

Application and renewal assistance
Isabel Inzunza-Zamorano, CalFresh
Outreach Project Coordinator • 714-347-9670
• izamorano@ccoc.org • ccoc.org

Counseling Center

Offers therapy for issues such as anxiety, depression,
mood disorders, trauma, relationship challenges,
grief and loss, court required individual therapy,
problems at work, parenting challenges, anger
management issues, and life transitions.
Hours of operation:
Tuesday - Thursday - 9:00 a.m. to 8:00 p.m.,
Fridays - 9:00 a.m. to 5:00 p.m.
1800 East 17th Street, Santa Ana, CA 92701
Sharon St. Pierre, LCSW, Clinical Supervisor
• sstpierre@ccoc.org
To make an appointment: 714-347-9625

OTHERS

Covered California

The Catholic tradition affirms that health care is a
basic right flowing from the sanctity and dignity of
human life. The Catholic Church remains committed
to access to decent health care for all, even as we work
to bear witness to what truly qualifies as health care.
• 800-300-1506

CLINICS, CENTERS, SHELTERS & HELPLINES

PREGNANCY CLINICS AND CENTERS

Horizon Pregnancy Clinic

15061 Springdale Street, Suite 109
Huntington Beach, CA 92649
• 714-897-7500 • horizonpc.org

La Habra Life Center

860 E. La Habra Blvd. #150 La Habra, CA 90631
• 562-691-9395 • lahabralifecenter.org

Obria Medical Clinics*

There are several locations in Orange County.
Please call their automated line and select
the clinic in the city that you prefer: 800-771-5089
• omcsocal.org *Free STD testing.

Santa Ana Life Center

1106 E. 17th Street #C Santa Ana, CA 92701
• 714-835-5433 • lifecenterofsantaana.com

Vietnamese Pregnancy Hotlines

• 714-721-2111 • ncp.life@gmail.com
• vietrespectlife.org

SHELTERS

Casa Teresa & Hannah's House

Accepts pregnant moms 18 years and over,
parenting education and placing for adoption.
Orange, CA • 714-538-4860 • casateresa.org

Mary's Path

Accepts pregnant and parenting girls under 18.
Santa Ana, CA • 714-730-0930 • maryspath.org

Precious Life Shelter

Accepts pregnant moms 18+ years, parenting and
placing for adoption. Los Alamitos, CA
• 562-431-5025 • preciouslifeshelter.org

HELPLINES

OptionLine

A bilingual contact center that connects women
with local pregnancy centers. Text "Helpline"
to 313131 • 1-800-712-4357 • optionline.org

Options United

A centralized pregnancy helpline and referral website.
• 877-398-7734 • optionsunited.com

NEED HELP?



**FACING AN UNPLANNED
PREGNANCY?**

**NEED SOMEONE TO TALK TO
ABOUT YOUR OPTIONS?**

**NEED PREGNANCY OR
STD TESTING?**

**PREGNANT AND NEED
SUPPLIES AND SUPPORT?**

LOCAL HELP IS AVAILABLE NOW!



**ROMAN CATHOLIC
DIOCESE of ORANGE**

Abortion is not without risks

A lot of “experts” might tell you that abortion will take away your problems, but for many women it causes more, including serious physical complications. These risks are listed on an abortion provider’s consent forms:*

- Blood clots in veins and lungs
- Hemorrhage (heavy bleeding)
- Potential for infection
- Damage to the uterus
- Sterility
- Injury to the bowel and/or bladder
- A possible hysterectomy as a result of injury or complication
- Failure to remove all products of conception that may result in an additional procedure.
- Even death

*Taken from consent form from Planned Parenthood official website

Many people also experience...

- Increased risk of miscarriages and breast cancer
- Trouble sleeping, flashbacks, anxiety attacks
- Feeling of anxiety, grief, guilt, anger or low self-esteem
- Eating disorders, sexual dysfunction and substance abuse
- Depression or thought of suicide
- Withdrawal from relationships
- Repression or denial about thoughts or feelings dealing with the abortion
- Problems bonding with current and future children

Abortion Pill Reversal

Have you taken the first dose of mifepristone (also known as RU486 or the “abortion pill”)? Do you regret your decision and wish you could reverse the effects of the abortion pill? It may not be too late; we can help you!

CALL 877-558-0333 FOR HELP

Regardless of which option you are considering for your pregnancy, you probably have a lot of questions.

Like choosing to give birth and parent your child or choosing adoption, abortion is not something to be taken lightly.

Before making a pregnancy decision, it is important to confirm your pregnancy.

FREE Ultrasounds and other resources are available.

You are not alone.



Your Baby is Alive and Growing

Did you know?

AT 18 DAYS: A baby’s heart begins to beat

AT 6 WEEKS: A baby’s brain coordinates movements and responds to touch

AT 8 WEEKS: All organs are functioning

AT 9 WEEKS: Has permanent, individual fingerprints

AT 10 WEEKS: Sense of touch (comfort/pain)

AT 12 WEEKS: A baby can smile, suck his/her thumb, and make a fist

Any textbook will confirm what every doctor knows:

THAT LIFE BEGINS AT CONCEPTION.

RESOURCES

COUNSELING SERVICES

Catholic Charities Counseling Services

1800 E. 17th St., Santa Ana
Sharon St. Pierre MSW, LSCW
Email: sstpierre@ccoc.org • 714-347-9625

New Hope Crisis Counseling Hotline

• 714-639-4673 • newhopenow.org

DOMESTIC VIOLENCE

Domestic Violence shelters and abuse hotlines in Orange County:

Human Options

877-854-3594
humanoptions.org

Laura’s House

866-498-1511 (24 hrs.)
949-361-3775
laurashouse.org

Interval House

562-594-4555
714-891-8121
intervalhouse.org

Women’s Transitional Living Center

714-992-1931 (24 hrs.)
wtlc.org

SUICIDE PREVENTION

Didi Hirsch Hotline: 877-727-4747

Teen Line (Teens helping teens): 310-855-4673

Line is open from: 6:00 p.m. - 10:00 p.m.

HOPE & HEALING AFTER ABORTION

Hope & Healing After Abortion: A Ministry for Those Hurt by Abortion

The Diocese of Orange has this ministry that reaches out to women, men and significant others who have had their life impacted by the act of abortion.

All calls are CONFIDENTIAL: 1-800-722-4356

WEBSITES

miscarriagehurts.com

abortionchangesyou.com

lifeperspectives.com